

Atlantic St. John's Wort, *Hypericum tenuifolium* Synonym: *Hypericum reductum*¹

Debbie Miller, Mack Thetford, Christina Verlinde, and Gabriel Campbell²

Note: This fact sheet is also available as a chapter in a comprehensive manual titled Dune Restoration and Enhancement for the Florida Panhandle, available in pdf form here:

<https://edis.ifas.ufl.edu/pdffiles/SG/SG15600.pdf>. Please see the manual for more information about other useful and attractive native plants for dunes and for further information about restoration and preservation techniques.

Hypericaceae



Figure 1. Credit: Gabriel Campbell, UF/IFAS

Atlantic St. John's wort occurs throughout Florida and more broadly west to Alabama and northeast to North Carolina on beach dunes and scrub plant communities frequently associated with wet depression areas. *Hypericum* is a large genus of plants with 31 species in Florida alone (Wunderlin et al. 2017). This plant is a prolific flower producer that attracts numerous pollinators

General Description

Atlantic St. John's wort is a semi-woody to herbaceous perennial subshrub with a decumbent growth habit; forming a small rounded shrub to a low mat that rarely reaches above 1.5 ft. *Leaves* are simple, opposite, and needlelike. *Stems* are often decumbent and matted and are 6-angled in cross-section when young. *Flowers* have 5 persistent sepals, 5 yellow petals, and bear numerous stamens. They are 0.4 to 01.8 in wide, are axillary and

terminal, are solitary or grow in small clusters called cymules or dichasia, and flower from June to September. *Fruits* are capsules 6 to 10 mm long and turn brown when ripe.



Figure 2. Credit: Mack Thetford, UF/IFAS

Propagation

Atlantic St. John's wort can be propagated from stem cuttings. The following is adopted from Thetford and Miller (2004). Collect 4-in terminal stem cuttings during the growing season. Remove leaves of bottom ½ in of cutting and quick dip in auxin [NAA (1-Naphthaleneacetic acid) 500 to 1000 ppm, or IBA (Indole-3-butyric acid) 1000 to 5000 ppm, or Dip 'N Grow] for 1 second (Thetford and Miller 2002). Root cuttings in 72-cell flats with a well-drained substrate under intermittent mist and natural photoperiod. Roots initiate within 2 to 3 weeks. By week 4, rooted cuttings may be removed from mist, and by week 6, transplants can be moved into larger pots (4-in, 1-qt or 1-gal). Rooted cuttings benefit from fertigation with a complete fertilizer solution providing nitrogen at a rate of 150 ppm 1 to 2 times a week before transplanting to larger containers. An additional 4 to 6 weeks of outdoor production with supplemental irrigation is required to develop a full rootball.

No published information on germination requirements of *Hypericum tenuifolium* is available. Germination requirements for the related species, *H. perforatum* are variable across populations but need light to germinate with constant (15 and 25°C) or fluctuating (25/15°C) day/night temperatures and are non-dormant (Pérez-García et al. 2006). Light has been reported as

necessary for germination of other *Hypericum* sp. with similar optimal germination temperatures, but physiological or physical dormancies have also been reported (Çirak et al. 2007; Çirak 2007.)

Outplanting

No published information on outplanting information is presently available for Atlantic St. John's wort. The authors have successfully transplanted this species in home landscape situations with minimal supplemental irrigation. In Florida, *H. tenuifolium* is considered a facultative wetland species (occurs in wetlands 67% to 99% in the wild) (Wunderlin et al. 2017) and in coastal communities this species is associated with coastal interdunal swales and adjacent low ridges.

Literature Cited

- Campbell, M.H. 1985. "Germination, emergence and seedling growth of *Hypericum perforatum* L." *Weed Research* 25(4):259–266.
<https://doi.org/10.1111/j.1365-3180.1985.tb00643.x>
- Çirak C., K. Kevseroglu, and A.K. Ayan. 2007. "Break seed dormancy in a Turkish endemic *Hypericum* species: *Hypericum aviculariifolium* subsp. *depilatum* var. *depilatum* by light and some pre-soaking treatments." *Journal of Arid Environments* 68(1):159–164.
<https://doi.org/10.1016/j.jaridenv.2006.03.027>
- Çirak, C. 2007. "Seed germination protocols for *Ex situ* conservation of some *Hypericum* species from Turkey." *American Journal of Plant Physiology* 2(5):287–294.
<https://doi.org/10.3923/ajpp.2007.287.294>
- Pérez-García, F., M. Huertas, E. Mora, B. Peña, F. Varela, and M.E. González-Benito. 2006. "*Hypericum perforatum* L. seed germination: interpopulation variation and effect of light, temperature, presowing treatments and seed desiccation." *Genetic Resources and Crop Evolution* 53:1187–1198.
<https://doi.org/10.1007/s10722-005-2012-3>
- Thetford, M., and D.L. Miller. 2002. "Propagation of 4 Florida coastal dune species." *Native Plants Journal* 3(2):112–120.
- Thetford, M., and D.L. Miller. 2004. *Propagation and Production of Atlantic St. John's Wort*. ENH972. Gainesville: University of Florida Institute of Food and Agricultural Sciences.
<https://doi.org/10.32473/edis-ep229-2004>
- Wunderlin, R.P., B.F. Hansen, A.R. Franck, and F.B. Essig. 2017. *Atlas of Florida Plants*. [S. M. Landry and K. N. Campbell (application development), USF Water Institute.] Institute for Systematic Botany, University of South Florida, Tampa. <http://florida.plantatlas.usf.edu/>

¹ This document is SGEB-75-9, one of a series of the Florida Sea Grant College Program, UF/IFAS Extension. Original publication date September 2018. Revised January 2025. Visit the EDIS website at <https://edis.ifas.ufl.edu>.

² Christina Verlinde, former Extension agent II, Florida Sea Grant Program, UF/IFAS Extension Santa Rosa County, Milton, FL; Debbie Miller, professor of plant and wildlife community ecology, Department of Wildlife Ecology and Conservation, UF/IFAS West Florida Research and Education Center, Milton, FL; Mack Thetford, associate professor; Department of Horticultural Sciences, UF/IFAS West Florida Research and Education Center, Milton, FL; Gabriel Campbell, graduate research assistant, UF/IFAS West Florida Research and Education Center, Milton, FL; UF/IFAS Extension, Gainesville, FL 32611.

The Institute of Food and Agricultural Sciences (IFAS) is an Equal Opportunity Institution authorized to provide research, educational information and other services only to individuals and institutions that function with non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, political opinions or affiliations. For more information on obtaining other UF/IFAS Extension publications, contact your county's UF/IFAS Extension office. U.S. Department of Agriculture, UF/IFAS Extension Service, University of Florida, IFAS, Florida A & M University Cooperative Extension Program, and Boards of County Commissioners Cooperating. Andra Johnson, dean for UF/IFAS Extension.